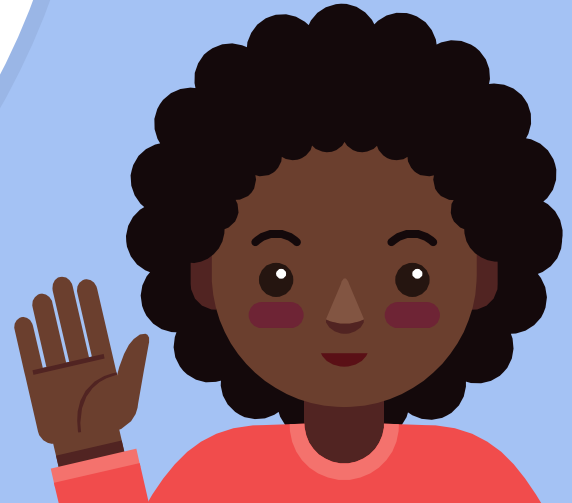


Welcome to Kindergarten!

Kindergarten! ... here I come!

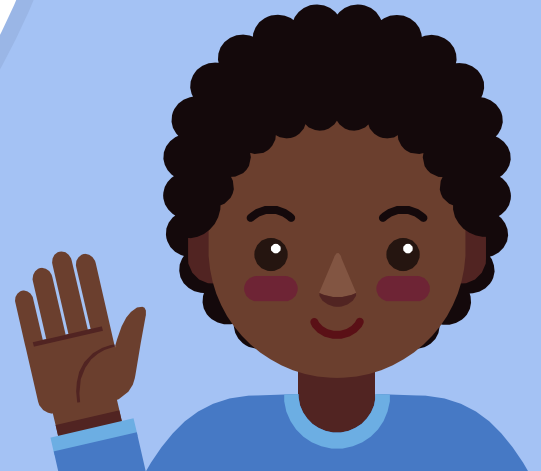


Westminster
Public School



Our Kindergarten Teams

Each Kindergarten classroom Team includes a teacher (OCT) and a Designated Early Childhood Educator (DECE). These educators bring unique knowledge and experience that together, collaboratively enable them to support your child's growth, development and learning.



Talking with Your Child in Your Home Language

As a parent of a child learning a new language, you play a vital role in helping your child maintain your home language. Research shows that speaking two or more languages benefits children's well-being, language and literacy development, thinking and reasoning, and learning skills.

To support oral language development:

- Talk to your child when playing together, and discuss activities that you do
- When doing tasks together, talk about what was done first, next and last
- Encourage your child to explain to a family member how to play a game or do an activity

To support literacy skills:

- Read with your child every day and talk about the story
- Help your child learn to read in your home language
- Provide opportunities for your child to see you reading in your home languages

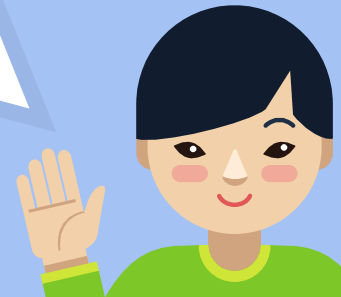
Kindergarten Top 10*



*SECRETS, TIPS AND STRATEGIES FOR SUCCESS



#10 – Dressing for School: Learning is Messy!



In September, please send your child with an empty bag to store an extra set of clothes at school.



9 – WORK HARD, PLAY HARD, SLEEP WELL

WORK HARD | **PLAY** HARDER



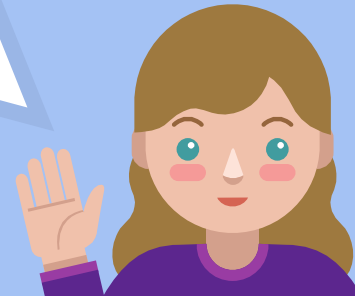
8 – FOOD FOR THOUGHT



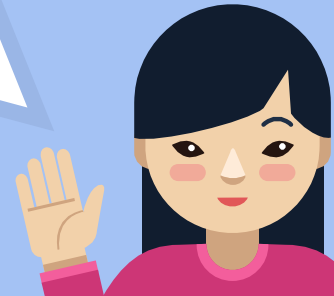
#7 – IT'S ALL ABOUT THE BAG



#6 – LOVE THOSE LABELS



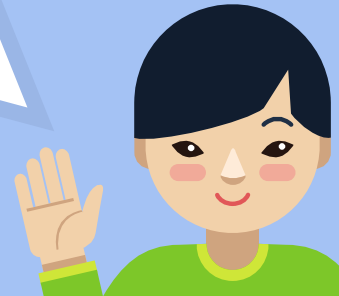
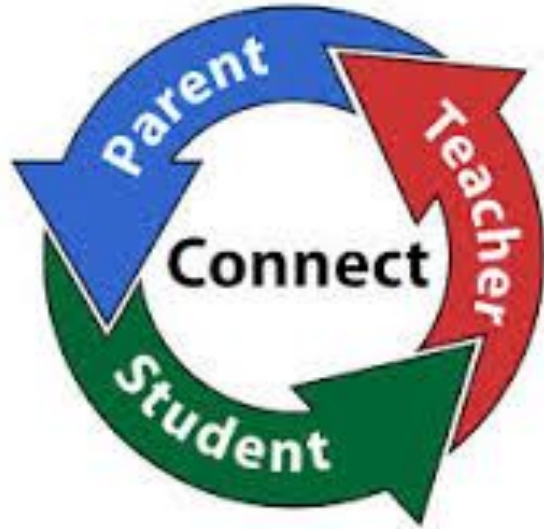
#5 – VELCRO IS YOUR FRIEND



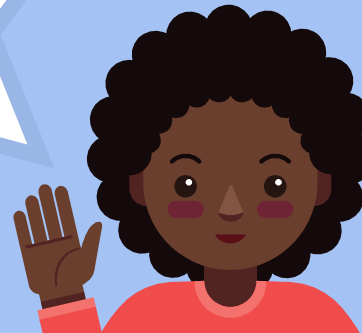
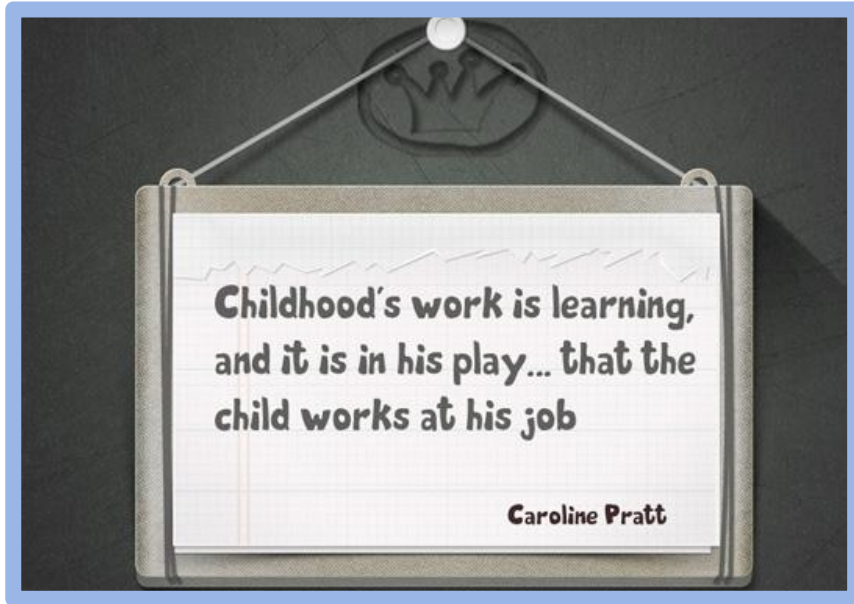
#4 – WHAT'S IN A NAME?



#3 – HOME-SCHOOL COMMUNICATION



#2 - PLAY

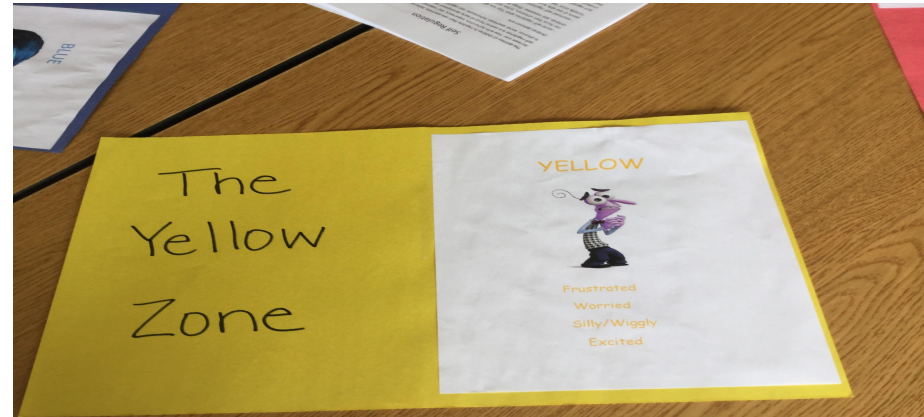
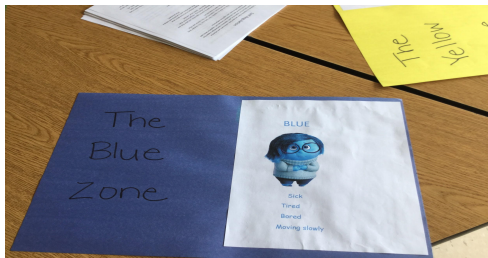


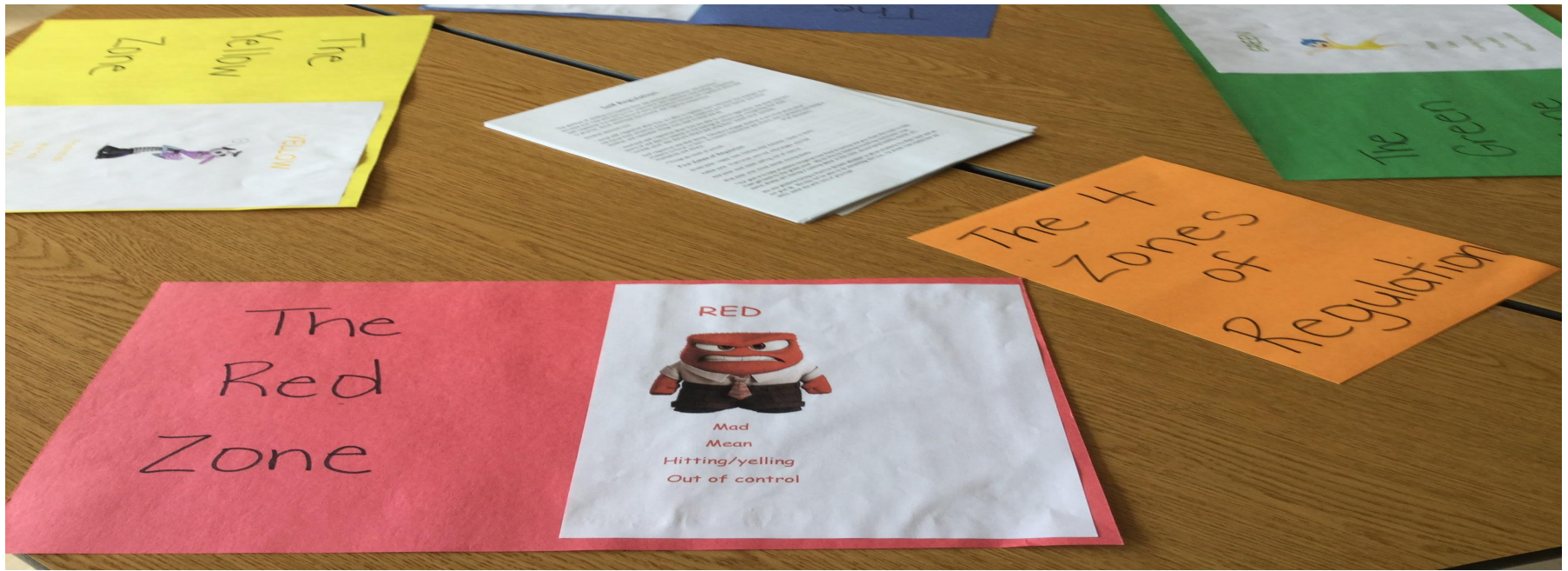
#1 – BE PRESENT





The Zones of Regulation





Help your child recognize when they are in the Red zone (mad, angry), Yellow zone (frustrated, excited) or Blue zone (tired, sad) and talk about ways they can get back to the Green zone (calm, relaxed) and ready to learn. Learning breathing techniques, yoga and other calming activities can help a child get back to the Green zone, along with a healthy lifestyle, such as getting a good night's sleep, exercise and eating healthy.

First Day of School – Tuesday, September 8th, 2020.

- ❑ Year 2 (SK) students join us for the full day on Tuesday, September 8th, 2020.
- ❑ Year 1 (JK) students will come for last 100 minutes on the first day (1:15 - 2:55 p.m.)
- ❑ A letter will be sent over the summer with more details

YMCA Childcare

Please contact the childcare for information about before and after care.

[YMCA Childcare](#)

416-471-8111

Westminster School Council

Parents are our partners in education. We welcome your feedback and suggestions at any time!

Please also consider joining our School Council to further become involved in your child's schooling.

Speech and Language Pathologist

Kira Feldman, SLP

Support for articulation and language understanding

Connecting to “Beyond Words” preschool language support

School Council



Keep in touch!

Our school website at

<http://www.yrdsb.ca/schools/westminster.ps>

EDSBY

<http://yrdsb.edsby.com>



Bussing information can be found at
<https://schoolbuscity.com>



Activities To Do With Your Child



K

FINE MOTOR

Children need to build up their small muscles in their fingers and hands. These muscles enable functions such as writing, grasping small objects and fastening clothing.

MUSCLE MEMORY



Glass bead art creations.

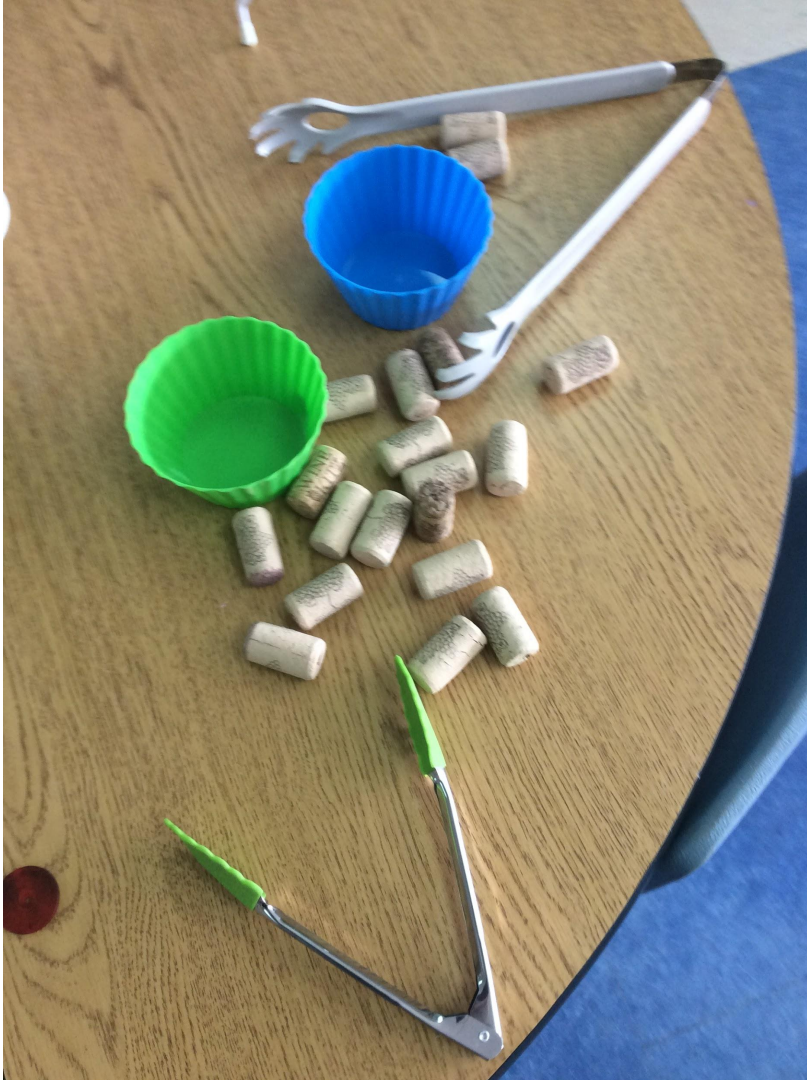


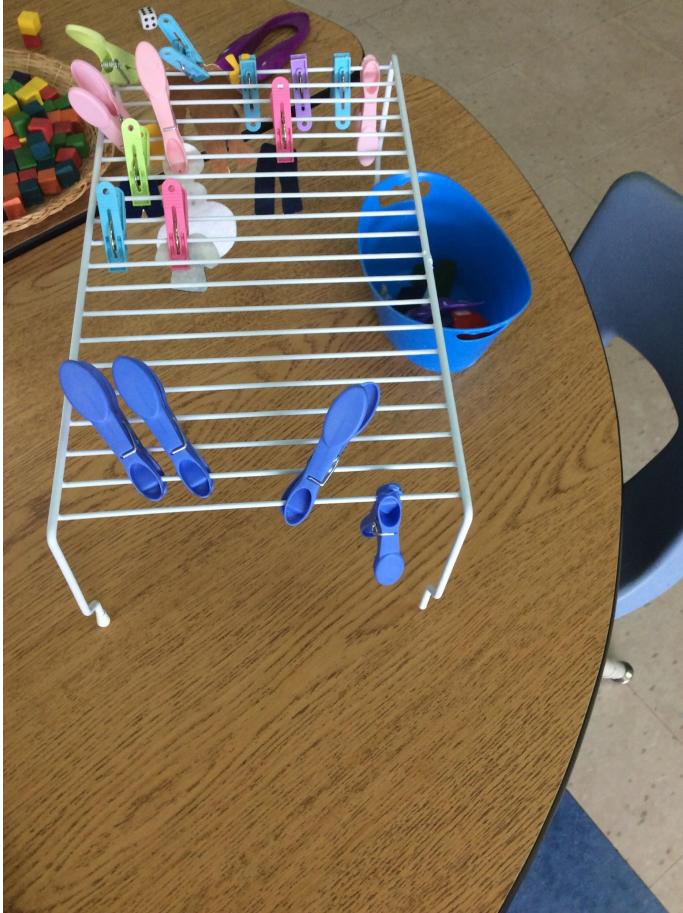
Tiny blocks can be picked up with fingers or tongs. Roll the dice and build a tower.





Feed the monster. Squeeze the ball and place buttons inside.





Hang the
clothes





Build the tower.



Tongs with different resistance helps build fine motor control.

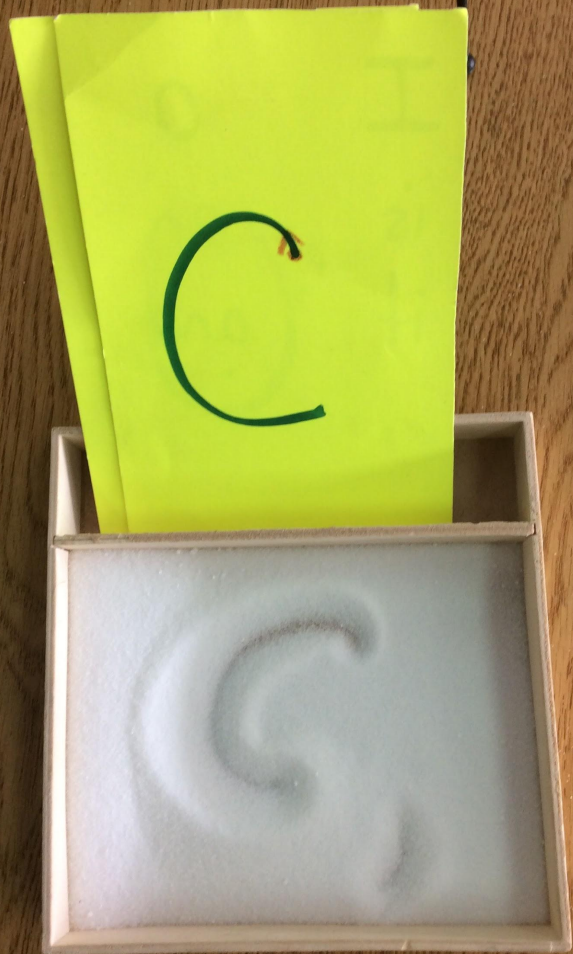
Fine motor building activities

Pinterest search Finger gym or Fine Motor and many simple activities appear.

Websites:

<http://therapystreetforkids.com/fm-pincergrasp.html>

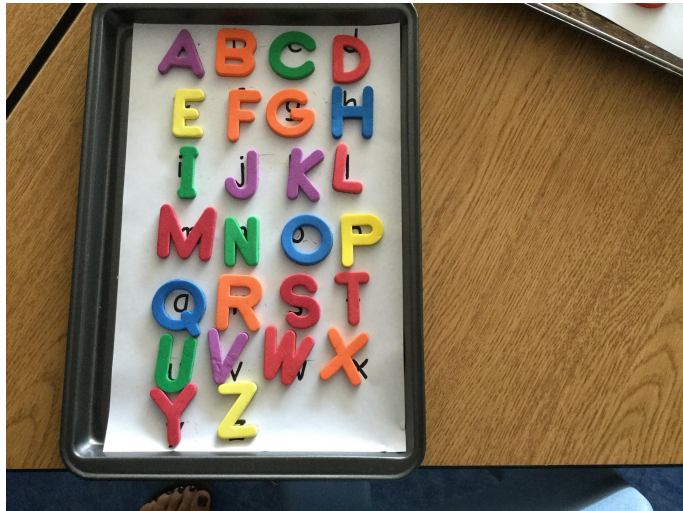
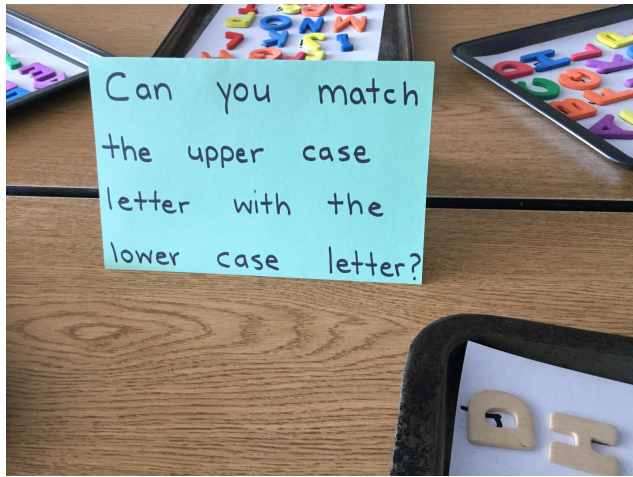
<http://operationconnect.blogspot.ca/2012/02/smarty-sticks-and-pincer-grasp.html>



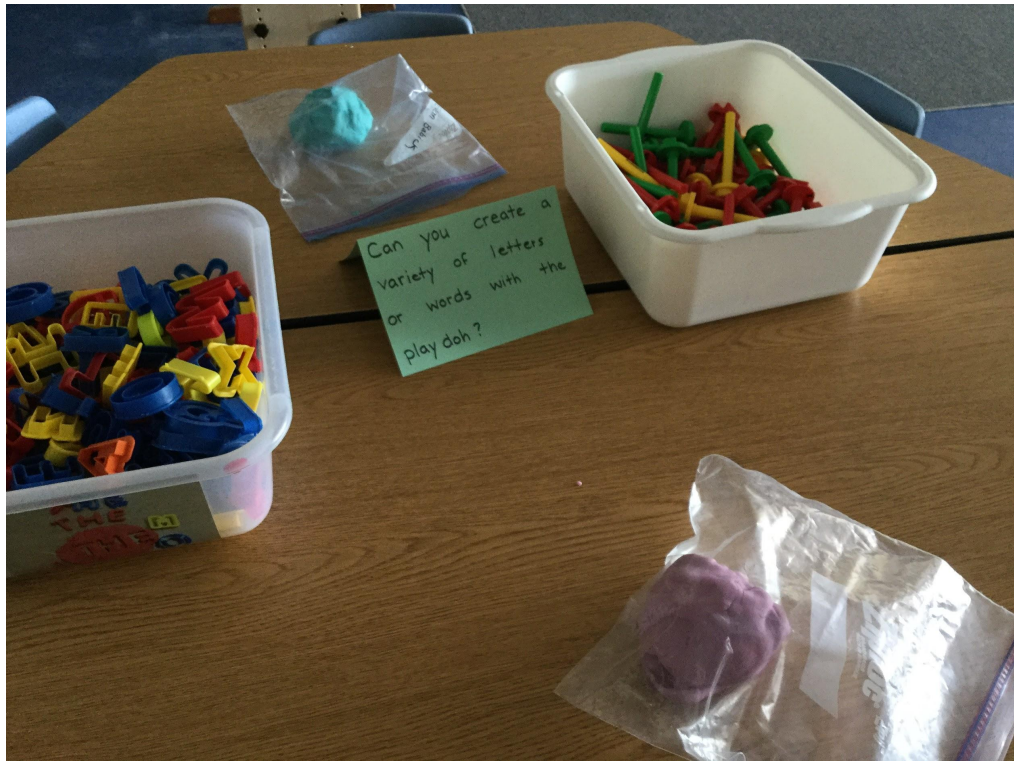
Salt trays for
drawing
letters.



Magnetic letter activities: sorting, matching, making your name.







Playdough Recipe

2 teaspoons of cream of tartar

1 cup of flour

1/3 cup of salt

1 tablespoon of vegetable oil

1 cup of water

Stir all ingredients together in a bowl.

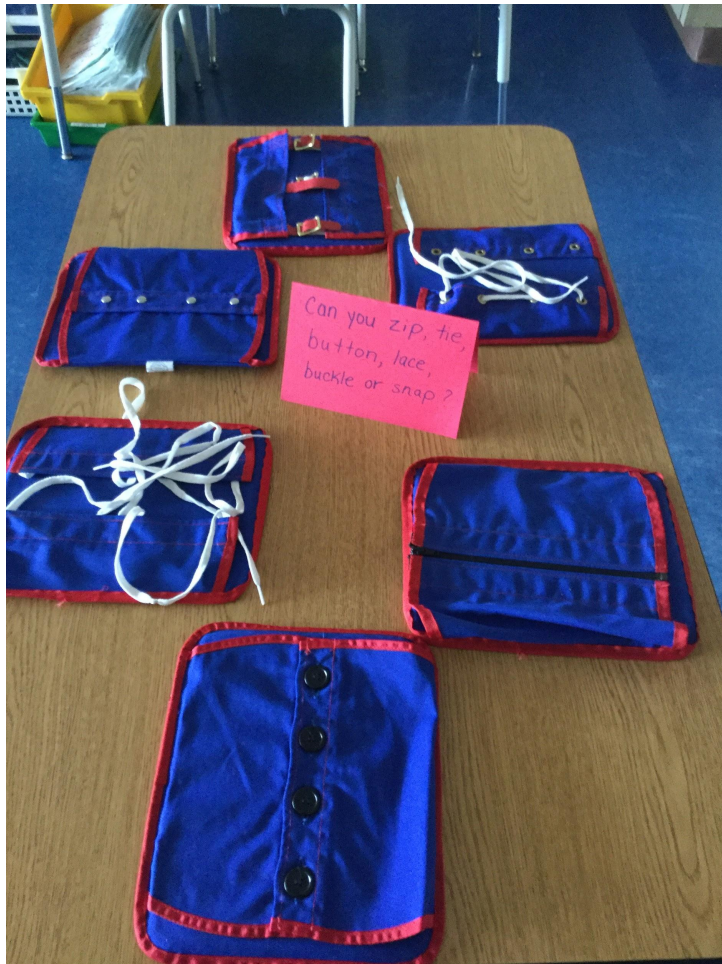
Additional play dough recipes can be found on
The Imagination Tree website.

<http://theimaginationtree.com/2012/04/best-ever-no-cook-play-dough-recipe.html>

<http://theimaginationtree.com/category/create/playdoughcreate>

Help your child develop independence with buttons, zippers and snaps. Getting dressed on their own is an important skill. Choose clothing and footwear that are easy for your child to put on and take off.



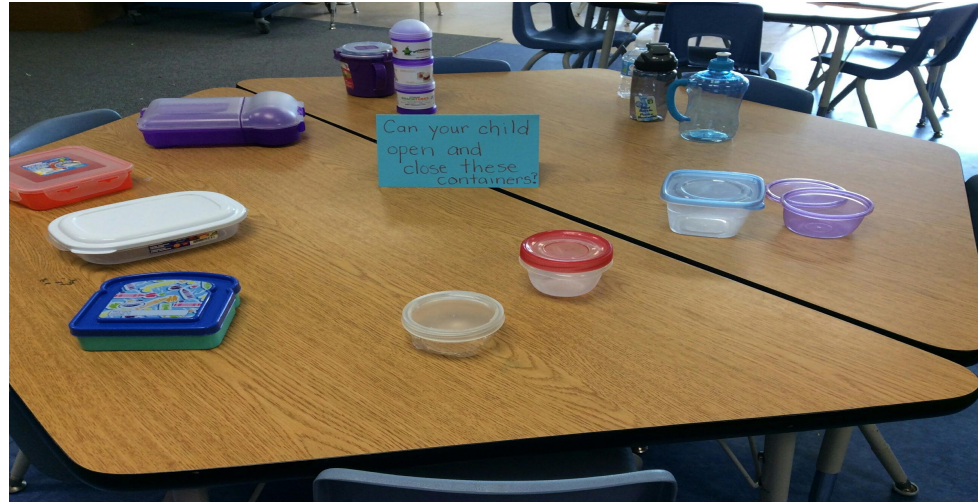


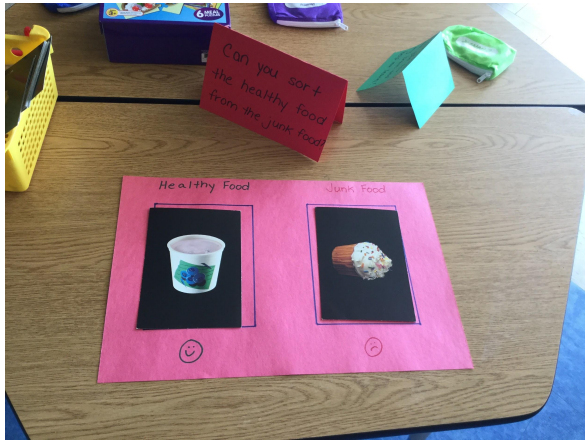
Help your child become independent. Teach your child how to take their coat off and put it back on. Begin teaching your child how to unbutton their clothing.



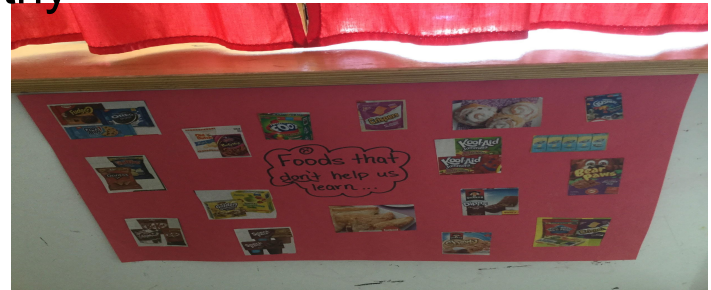
Help your child identify healthy foods for their morning snack. Each day your child will be encouraged to have their healthiest item for their morning snack.

There are many different, reusable containers to choose from for school lunches and snacks. Try to make sure your child can easily open and close the ones you choose. Since we do not have water fountains in our rooms, refillable water bottles are highly recommended.. Labelling is greatly appreciated. 😊





Bring your child grocery shopping with you to have them help pick out their own healthy lunches and snacks.





Take a picnic lunch in the park this summer and have your child practise opening and closing their containers independently.

Questions?

